

In Recognition Of All The Health Fanatics At Fitness First Class Of 2011

Entrees

Steam Room Antiques **V option** Choice of two freshly prepared soups, served piping hot

First Time I've Seen It In Years Prawn Cocktail bound in lime mayonnaise on a bed of salad leaves

Stay Off The Booze Keep Your Liver Happy Chef's home made duck liver pate served with warm wholemeal toast.

No Need To Be Portly Stilton wrapped in white port and mayonnaise topped with crispy pancetta

Howzatt Local farm duck egg served with a cucumber & tomato salsa a truly classical dish

Karma Karma Honey dew and Cantaloupe melon topped with Parma ham

Don't Be Go For It Sliced chicken breast on a bed of dressed salad with a garlic mayo dip

No Smoking Allowed Smoked Mackerel served on a bed of dressed salad leaves served with warm toast

Will You Be Setting The World On Fire (£4.00 supp) Large king prawn flambé in brandy white wine garlic and chilli you choose how spicy!

Main Course

Keep M Moving Joints of the Day for the Meat Lovers Our chef will carve from our silver domed wagon in the restaurant ! select from up to **three** meats of the day, have as much or as little as you like choose one or all **three** , served with seasonal vegetables and potato

Yours Is the Big One (£4.00 supp) Local farm lamb rump, this is the chef's signature dish and a must for all lamb lovers served with seasonal vegetables potato and mint sauce

Protein On A Plate (£7.00 Supp) Local farm fillet this magnificent fillet served with a choice of sauces served with seasonal vegetables and potato
Sauces to include stilton, pepper or classic diane

Ham String Injury Honey roast gammon served with English mustard and honey sauce with seasonal veg and potato

Thai Chi Sliced chicken breast in Thai green curry sauce with basmati rice

Thai Chi (3.00 supp) Sliced Rump steak in Thai green curry sauce with basmati rice

Vegetarian

Popeye's Here **V** Spinach & feta cheese parcels served with dressed seasonal salad

No Need For Trainers **Goats Cheese Wellington** ✓ **Butternut squash, spinach ,red pepper and walnut stuffing with a rich creamy goats cheese sauce encased in pastry served with dressed salad**

Not Mush Room InThese Trousers **Stilton & Mushroom Tagliatelle** ✓ **Freshly cooked pasta with mushrooms and stilton sauce tossed in white wine garlic and cream**

Thai Chi ✓ **H Mediterranean vegetable Thai green curry served with a timbale of basmati rice**

Everyone's A Fruit n Nut Case ✓ **Basmati rice infused with an array of fruits and nuts served with a spicy Thai green curry sauce**

Fish

Something Fishy Goin On With These Scales *The Church Paella* **H** *Seafood (to include prawns haddock salmon & cod) served with basmati rice*

It Was This Big **H** *Oven baked salmon fillet topped with lemon & herb butter served with a timbale of rice*

The One That Got Away (£4.00 Supp) *Pan seared sea bass served with dressed salad and potatoes*

Thai Chi Thai Green Seafood Curry **H** *Seafood to include prawns haddock salmon & cod served with a timbale of basmati rice*

Showers Still Not Fixed *Salmon and Leek Penne Pasta* **Freshly cooked penne pasta with salmon and leek tossed in cream and white wine**

Some Of Us Set The World On Fire (£7.00 Supp) *Large king prawns (they are huge) flambé in brandy white wine garlic and Chilli served with rice, you choose how spicy!*

Coronary Causers

**Our dessert wagon will visit your table with a host of magnificent desserts
Or for those who prefer stilton & biscuits**

Wallet Buster

Two Course Starter's and Mains £9.95

We are open every lunch time and evening now with own car park !

*****should you have any allergies the staff will be happy to advise *******

Please be AWARE THAT THE floor in the restaurant area is the original wooden floor and therefore could cause problems to ladies (or gents) with stiletto heels and can at times be SLIPPY, also the chairs in the restaurant whilst capturing the essence of the church with their spiked PINNACLE NEED to be negotiated with care...

01782 269440 www.thechurchbarandrestaurant.co.uk

Book now for your special occasion!

